## **Interested In Virtual Baby Care Classes?**

Check out the Women's Health Centre's <u>Virtual</u> baby care education class at St. Michael's Hospital!



Virtual classes for 2020 held on select <u>Thursday</u> evenings 6:30-9:00; provided via Zoom.

## Our classes include:

- NEWBORN APPEARANCE
- DIAPERING AND DRESSING
- BATHING ANDGROOMING
- HOLDING AND CARRYING
- SOOTHING A FUSSY BABY
- SLEEP WHATS NORMAL/WHAT TO EXPECT SAFE SLEEP PRACTICES
- BABY ESSENTIALS AND MORE

Call: (416) 867-7421 for more information and registration fee We accept cash, interact, credit card