PMDip - DIETETICS

Our program provides practical and professional training to prepare for a career in health care. Our program:

- Provides practical experience for students to obtain the Integrated Competencies for Dietetic Education and Practice (ICDEP)
- Draws on the abilities and experience of dietitians and other members of the health care team
- Provides opportunity for practical application of theoretical knowledge
- Recognizes the unique background and learning needs of each student
- Fosters continuous self-directed learning
- Develops skills in critical evaluation of research.
- Provides opportunities to enhance verbal and written communication skills
- Integrates a 12 week professional practice course to support student learning
- Promotes a supportive student experience through a partnership between St Michael’s Hospital and Ryerson University

Students will have access to research, library and electronic resources, computer labs and technical support, WSIB coverage, professional liability insurance, academic and personal counselling, medical services, health coverage, athletic centre membership, student housing, discounted transit passes, learning support, and other student services provided by Ryerson University. For more information about the benefits of being a Ryerson student, see [http://studentlife.ryerson.ca/](http://studentlife.ryerson.ca/).

Start / Finish: 3 semesters beginning each September and concluding mid-August of following year.

Number of positions: 8

Fees: Successful applicants will pay tuition and ancillary fees to Ryerson University (income tax receipt will be provided) and a $110 application fee to the Ontario University Application Centre. Please go to: [www.ryerson.ca/registrar/fees/detail/graduate/](http://www.ryerson.ca/registrar/fees/detail/graduate/) for tuition and fee details.

APPLICATION PROCEDURE

The online application process is facilitated through Dietitians of Canada. Please go to Dietitians of Canada (DC) to access the application package: [www.dietitians.ca](http://www.dietitians.ca)

To apply applicants must have an undergraduate degree in Nutrition/Dietetics from a Canadian accredited dietetic education undergraduate program or equivalent AND a minimum B Average (3.0/4.33) in the last two years of study AND a minimum final grade of B in courses focussing on:

- Physiology, senior level research methods, nutritional management of disease, public health and interpersonal communication.

At the DC website you will find clear application instructions. In your application package, you will be required to submit a number of documents including:

- A one page letter stating (1) your reasons for pursuing this program, (2) how your previous studies and experiences have demonstrated your capacity to succeed in this program and (3) your career objectives and how this program will advance your objectives
- Three confidential letters of reference; one must be from an academic referee (e.g. a faculty member familiar with your academic performance) and the other letters must be from dietitians or employers who are familiar with your performance in a work or volunteer setting

Selection of successful candidates is based on evidence of:

- Self-direction, leadership and ability to work as a team member
- Self-motivation, self-confidence, maturity and ability to manage time well
- Ability to convey information clearly and effectively
- Strong interpersonal skills
- Breadth and relevance of experience

Successful candidates will receive instructions on how and when to register as students at both St Michael’s Hospital and Ryerson University.

For Further Information Please Contact:

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PMDip-Dietetics at St. Michael’s Hospital

PROGRAM DETAILS

**St. Michael's Hospital** is a major Catholic teaching hospital, situated in the core of downtown Toronto. In 1936, St. Michael's Hospital became the first hospital approved by the Canadian Dietetic Association for the training of dietitians. Our hospital is committed to innovative patient care, education and research.

St Michael's Hospital has organized its clinical activities into Core Clinical Programs. Students learn in a variety of programs and clinical settings. Program settings include:

- **Inner City Health (HIV, Women’s Health, General Medicine, Pediatrics)**
- **Heart & Vascular (Cardiology, Cardiovascular & Vascular Surgery)**
- **Trauma & Neurosurgery (both at ward and ICU levels of care)**
- **Diabetes Comprehensive Care (Diabetes and Renal Programs)**
- **Specialized Complex Care (Medical/Surgical Intensive Care, Gastroenterology, Oncology)**

**Clinical Nutrition**

Our dietitians provide a wide range of clinical educational opportunities through daily patient care and through the development of specific learning activities. Rotations provide rich learning experiences in:

- Assessing, planning, implementing and evaluating nutritional care as a member of an inter professional health care team
- Counseling patients individually
- Teaching patient groups
- Presenting case studies

Students will learn in a variety of clinical rotations that are selected to provide learning experiences in both inpatient and outpatient areas. Most rotations will be 4-6 weeks in length.

**Note:** Some rotation locations may not be located at St. Michael's Hospital. Students may be asked to travel (at their own expense) throughout the GTA (and sometimes beyond) to complete rotations.

**Management-Patient Food Services and Alternative Revenue**

The areas covered in this rotation are:

- Patient Food Services
- Ingredient Control Centre
- Production
- Retail Food Services

Experience is provided in the operations of a cold-plating/retherm facility, customer service, safety, sanitation and labour relations. Students will also receive experience in food preparation for community programs such as Meals-on-Wheels, Withdrawal Management and for the homeless.

Management opportunities provide experiences in the application of skills in financial, personnel, material and facility management. These skills will be applied to develop, administer and evaluate food service and clinical systems.

**Duration:** 6 weeks

**Projects**

Students will have the opportunity to be involved in a variety of projects related to improving patient care, assessing practice based evidence and developing patient education materials. These projects will include practical research related activities.

**Duration:** 3-5 weeks

**Professional Teaching & Learning Development Activities**

Our program provides numerous inter professional learning activities. These activities include enrollment in a professional practice course and participation in a wide variety of learning activities/education sessions.

Learning activities will provide students with the opportunity to:

- Recognize and gain an appreciation for the principles of adult learning
- Explore literacy issues and develop practical skills related to literacy
- Apply learning to the development of counseling skills
- Learn about the variety of roles in the Dietetics Profession and the inter professional roles in the health care environment
- Develop presentation skills through the facilitation of journal clubs and through case study assignments.

**Population Health**

- Students will have population health learning opportunities facilitated either through a rotation at St. Michael’s Hospital or through an external placement with one of our partners. These external placements could be in the food industry environment, within a public health unit or within a community health center.

**Duration:** 4 weeks

As of Nov 30, 2016, the PMDip Dietetics program was granted candidacy status, which confirms that we have demonstrated satisfactory compliance with the accreditation standards, by the Partnership for Dietetic Education and Practice (PDEP) Accreditation Council. The final step in the pathway to full accreditation, which must occur while students are enrolled in the program, is a site visit by external examiners that take place on March 20 and 21 2017.

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