Quick trauma facts:

- St. Michael’s Hospital treats approximately 1000 trauma patients each year.
- Over half of our trauma patients each year are between the ages of 15 - 19 years of age.
- Males represent the majority (over 70%) of trauma patients.
- Motor vehicles collisions and falls are the predominant mechanism of injury for over 70% of our trauma patients annually.
- The majority of our trauma patients arrive at the hospital between the hours of 6 pm - 6 am.

For more information, please contact:

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Components of the program:

Classroom Content:
- Statistics regarding risky behaviors leading to traumatic brain and/or spinal cord injury.
- Typical internal injuries that may result from motor vehicle crashes.
- Basic brain & spinal cord anatomy and consequences of injury.
- Consequences of drug and alcohol misuse
- Healthcare requirements and equipment used in caring for patients with multi-system injury with a focus on brain and spinal cord injuries.

“I loved everything and wish I could come back and learn more.”
- Student Participant

Site Tours:
- Trauma Bay in the Emergency Department
- Trauma & Neurosurgery Intensive Care Unit
- Trauma and Neurosurgery Inpatient Unit
- Allan Waters Family Simulation Centre

Interactive Sessions:

Toronto Police Services:
- Legal consequences of drinking, drugging and/or texting and driving.
- Myths and misconceptions of alcohol and drugs.
- Discussion of safe choices.

MADD Guest Speaker:
- Personal life story of losing family members due to impaired driving.

VIP Story:
- The Voice of Injury Prevention is an individual who has sustained either a brain or spinal cord injury.
- Discusses life before, during and after Hospitalization and rehab & Question period

Simulation Lab
- Hands-on trauma simulation learning activity in a state-of-the-art simulation center

TIPSY Schedule:

- Introduction and Welcome
- The ABC’s of resuscitation
- Brain/Spinal Cord 101
- Drugs of Abuse
- Interactive Trauma Bay Experience
- Tour of the Trauma/Neurosurgery Intensive Care Unit
- Mothers Against Drunk Driving (MADD)
- Toronto Police Services
- Allan Waters Family Simulation Centre
- Voice of Injury Prevention (VIP)