

Quick trauma facts:

- St. Michael's Hospital treats approximately 1000 trauma patients each year.
- Over half of our trauma patients each year are between the ages of 15 - 19 years of age.
- Males represent the majority (over 70%) of trauma patients.
- Motor vehicles collisions and falls are the predominant mechanism of injury for over 70% of our trauma patients annually.
- The majority of our trauma patients arrive at the hospital between the hours of 6 pm - 6 am.

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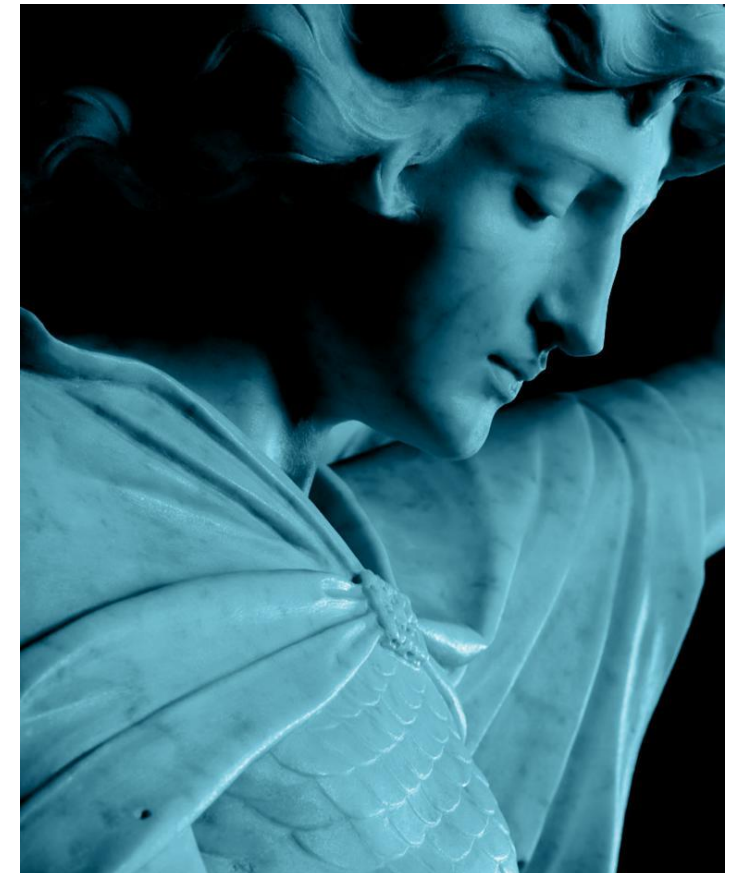
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Thanks you to our partners:



St. Michael's
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ThinkFirst Injury Prevention Strategy for Youth Program



St. Michael's
Inspired Care.
Inspiring Science.

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Thinkfirst Injury Prevention Strategy For Youth (TIPSY) Program:

- As one of the designated lead adult trauma hospitals in Toronto, the staff at St. Michael's Hospital can provide expert information on injury prevention strategies for youth.
- In January 2006, the on-site injury prevention program TIPSY was implemented.
- TIPSY is a full day injury prevention program. It is offered throughout the academic year to high school students (grades 11 & 12) in the Greater Toronto Area.
- TIPSY helps youth understand the consequences of unsafe driving practices; such as the lack of seat belt use, and drinking, texting and drug use while driving. These risky behaviors combined with inexperienced driving can result in tragedy on the roadways.

TIPSY Schedule:

- Introduction and Welcome
- The ABC's of resuscitation
- Brain/Spinal Cord 101
- Drugs of Abuse
- Interactive Trauma Bay Experience
- Tour of the Trauma/Neurosurgery Intensive Care Unit
- Mothers Against Drunk Driving (MADD)
- Toronto Police Services
- Allan Waters Family Simulation Centre
- Voice of Injury Prevention (VIP)

Components of the program:

Classroom Content:

- Statistics regarding risky behaviors leading to traumatic brain and/or spinal cord injury.
- Typical internal injuries that may result from motor vehicle crashes.
- Basic brain & spinal cord anatomy and consequences of injury.
- Consequences of drug and alcohol misuse
- Healthcare requirements and equipment used in caring for patients with multi-system injury with a focus on brain and spinal cord injuries.

“I loved everything and wish I could come back and learn more.”

- Student Participant

Site Tours:

- Trauma Bay in the Emergency Department
- Trauma & Neurosurgery Intensive Care Unit
- Trauma and Neurosurgery Inpatient Unit
- Allan Waters Family Simulation Centre

Interactive Sessions:

Toronto Police Services:

- Legal consequences of drinking, drugging and/or texting and driving.
- Myths and misconceptions of alcohol and drugs.
- Discussion of safe choices.

MADD Guest Speaker:

- Personal life story of losing family members due to impaired driving.

VIP Story:

- The Voice of Injury Prevention is an individual who has sustained either a brain or spinal cord injury.
- Discusses life before, during and after Hospitalization and rehab & Question period

Simulation Lab

- Hands-on trauma simulation learning activity in a state-of-the-art simulation center

