

# What can I do to prepare for surgery?

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Before your upcoming surgery you will need to:

Find a way to pay for the transplant drugs you will need

Plan how you will pay bills when you are recovering from surgery

Get help at home for when you are recovering from surgery

Make a plan for transportation

Make legal arrangements



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There are a few things you should arrange before your transplant surgery. You should consider:

- How you will pay your bills when you are off work
- Who will care for your children while you are recovering
- How you will get to and from your doctors' appointments
- What kind of help you will need at home
- What legal arrangements you need to make before your surgery

You may have new expenses. The social worker can help you plan for these costs.



# Receiving the Call

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- Check list- “ Things to do when I’m called”
- Do not eat or drink anything
- Do not smoke
- Take a quick shower if you want
- Report to the hospital as soon as possible
- Keep calm!



# What is an Exceptional distribution kidney?

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- Kidney is deemed suitable.
- Doctor determines “benefit outweighs risk”
- Many reasons for exceptional distribution.
- Something to consider now.



# What to expect when you get to hospital

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- Blood work
- ECG
- CXR
- IV lines
- Dialysis
- Meds
- Is it for sure??



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# Transplant Operation

- Pre- operative tests
- Surgery generally takes 2 to 3 hours
- Your own kidneys will be left in place
- Transplant is placed in the lower abdomen



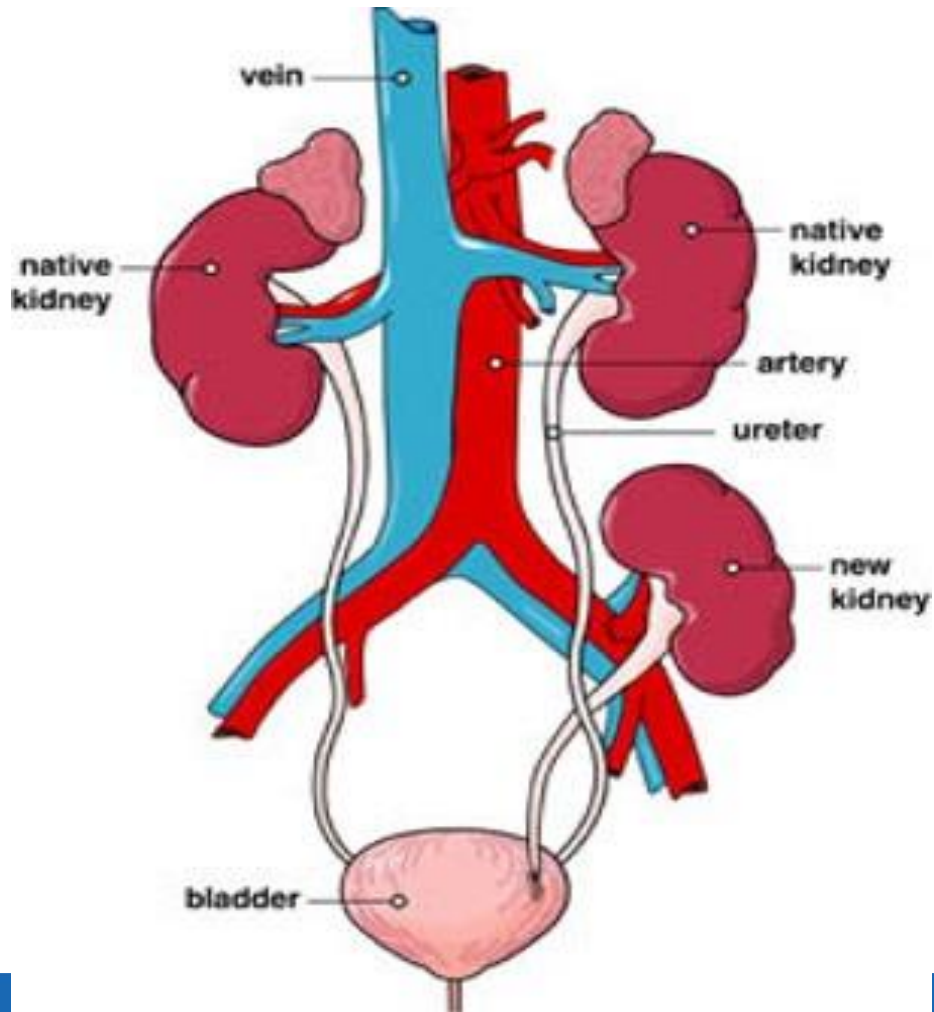
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# LOCATION OF KIDNEY TRANSPLANT





# DURING HOSPITAL STAY

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- **REGISTERED NURSE, TRANSPLANT COORDINATOR**
  - Provides post transplant teachings before discharge from hospital
  - Follow up blood work results when patient is discharge from hospital
  - Overviews daily health care routines
- **PHARMACIST**
  - will teach pt self medication under supervision



## Success of Transplantation

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- Most kidney transplants will be successful
- Improved quality and quantity of life
- Regular follow-up and compliance are extremely important
- There is maximum replacement of kidney function, but it is never normal
- As with dialysis, it has its own set of advantages and disadvantages
- It is not for everybody
- If you have been referred for transplantation, chances of eventual listing and success are quite good



# How will I pay for transplant drugs?

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By now you must have one of the following medication coverage plans in place:

- Private Plan with no limit and 100% coverage
- OHIP+ plan for young adults (24 years of age or younger)
- Ontario Drug Benefit for seniors (65 years of age or older)
- Ontario Works or OW (social assistance)
- Ontario Disability Support Program or ODSP
- Trillium Drug program



# Financial Impact

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Leave from work  
Assistance at home  
Transportation  
Medication

Medication Insurance  
Private Company/ Employment Benefits  
ODSP/OW  
Trillium Drug Program.

NO funding for medication coverage through the Transplant Program

