

Internet Links for Helpful Resources

Publicly Funded Physiotherapy in Ontario

- Who qualifies?
 - <https://www.ontario.ca/page/get-physiotherapy>
- Physiotherapy Clinic Locations
 - http://www.health.gov.on.ca/en/public/programs/physio/pub_clinics.aspx

Community Care/Support/Classes

- Community Care Access Centre (CCAC)
 - <http://healthcareathome.ca/>
 - 310-2222 (CCAC) (no area code required)
- Healthline
 - <http://www.torontocentralhealthline.ca/>
- Toronto Parks and Recreation
 - <http://www1.toronto.ca/parks/prd/facilities/recreationcentres/index.htm>

Rehabilitation Programs

- Toronto Rehab Cardiovascular Prevention and Rehabilitation Programs
 - Require a physician referral
 - http://www.uhn.ca/TorontoRehab/PatientsFamilies/Clinics_Tests/CRSP_Program/Pages/about_us.aspx
- Women's College Hospital
 - Program specifically for Women
 - <http://www.womenscollegehospital.ca/programs-and-services/cardiology-program/womens-cardiovascular-health-initiative/our-programs>

*This list is NOT COMPREHENSIVE or COMPLETE but is to be used as a resource to help you find the right program for you

*Consult with your Physician or Nurse Practitioner for any concerns or referrals to programs that may be right for you