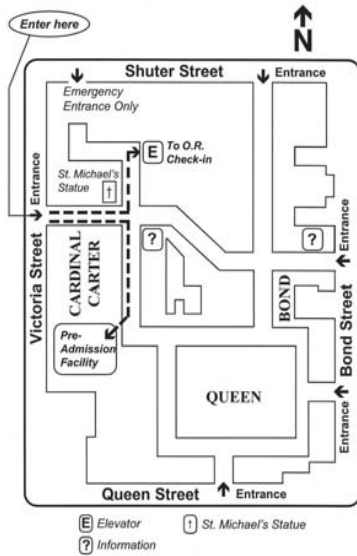


Location of PAF and Sullivan Lounge
(Surgical Check-In Area)



Enter via Victoria Street

Once inside the hospital, the Pre-Admission Facility (PAF) is to the right just past the Marion Palmer Gift Shop.

On your day of surgery we recommend that you use this same entrance but turn left just past the statue of St. Michael. Take an elevator to the 5th floor. Follow signs to the Sullivan Lounge which is located in the Terrence Donnelly Day Surgery Centre.

Pre-Admission Facility

Patient Information:

Please read this pamphlet and bring it with you to your pre-admission appointment.

Welcome to St. Michael's Hospital Pre-Admission Facility for Surgical Day Care and First Day Surgery.

The Pre-Admission Facility (PAF) is located on the first floor, in the Cardinal Carter Wing (Victoria Entrance).

You have been booked into this program to prepare you for your surgery. To do this, most of your pre-operative preparation (including blood tests, x-rays, history & physical and teaching) must be done to avoid cancellation or delays on your surgery date. Doing these procedures early can identify possible problems and make your stay more comfortable.

Your surgery may be cancelled if your pre-admission testing is not completed prior to your procedure date.

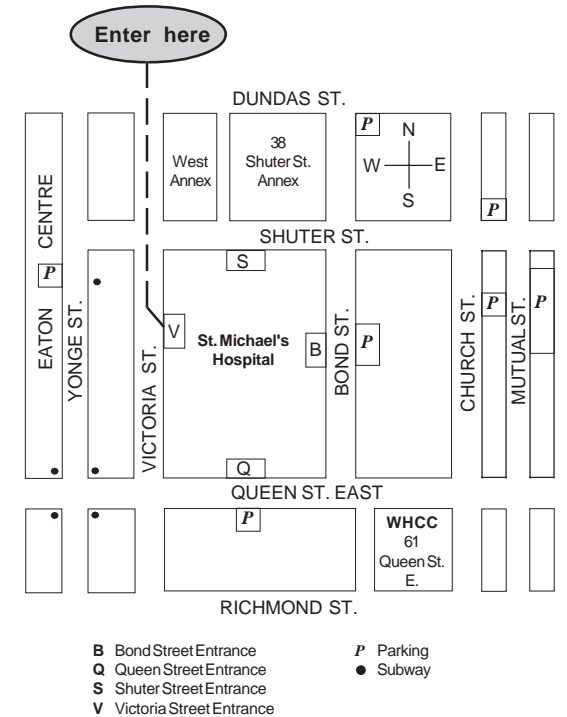
The purpose of this pamphlet is to help you through the process. There are some tasks that must be done by you and other tasks that are shared.

Throughout your hospital stay, please feel free to ask questions and express your concerns.

If you have any questions regarding this pamphlet, the procedure you are to follow, or **if you are unable to keep the booked pre-admission appointments**, please call the booking clerks between the hours of 9:00 a.m. and 4:00 p.m. Monday to Friday. If you are unable to keep your appointment for surgery, please call your surgeon's secretary.

PAF Office (416) 864-5689
 Booking Clerks (416) 864-6074
 (416) 864-5436

Location of Hospital



We recommend that you enter through the Victoria St. Entrance (wheelchair accessible)

Pre-Admission Facility Visit

Your Pre-Admission Facility appointment has been booked for:

Date: _____ Time: _____
Place: PAF First floor, Cardinal Carter Wing
(enter from Victoria St.)

- Please arrive 15 minutes before your appointment time to complete the necessary hospital registration information.

What will my visit include?

- a nursing assessment
- pre and post operative teaching and information about your surgery
- a history and physical with MD
- blood test, x-rays, ECG if ordered by the surgeon.

Your surgeon may ask you to see an anaesthesiologist, medical specialist or endocrinologist, prior to your admission and/or surgery, to assess your medical condition.

The hospital will try to coordinate this visit with your pre-admission appointment.

How long will my visit take?

Plan to spend in excess of 5 hrs in the Pre-Admission if your surgeon has requested any consults with specialists. However, if no consults are ordered, your visit may be as brief as 1½ hrs.

What should I bring to my PAF visit?

- An Interpreter Service is provided for all non-English speaking and Sign Language (ASL) requests.

Your surgeon's secretary must arrange this ahead of time. Please contact their office if this service is required.

- Please be prepared to give a complete medical and surgical history of yourself.
- Please bring this brochure for directions and any pre-admission information given to you by your doctors.
- Bring any prescription and non-prescription medications that you are currently taking in their correctly labelled containers. This includes eye drops, ear drops, cough syrups, inhalers, laxatives, vitamins and herbal supplements.
- Your Ontario Health Card
- Particulars on your Private Insurance Plan and coverage.

Please note:

You may eat your breakfast and take your medications as usual when you come to your pre-admission appointment.

The Department of Anaesthesia advises that you stop smoking before surgery.

Surgery Information

Surgery Information

Surgery Booked:

Procedure: _____
Date/Time _____
Check-in Time: _____
Check-in Place: Sullivan Lounge, 5th floor

TO RECEIVE YOUR TIME OF SURGERY call (416) 864-5253 the day before your surgery between 12:30 - 2:30 p.m. Please note: (closed Sat/Sun/Stat. Holidays).

- Call your surgeon if you develop a cold or other illness after your PAF appointment.

Night Before Surgery

- **Do not eat** food or drink fluids(not even gum, water or candy) after midnight the night before your surgery.

On the Day of Your Surgery

- **Please do not take oral medications** on the day of surgery unless otherwise instructed by your physician or nurse. A sip of water can be taken if medication is necessary.

- Please bring any medications you take on a daily basis.
- Do not use cosmetics, nail polish, fragrances, creams or deodorants.
- Leave all valuables, jewellery and credit cards at home. You may bring a small amount of cash for incidental expenses (e.g. television rental, phone).
- Bring your Ontario Health Card.

Day Surgery Patients

- You will be observed after your surgery to make sure the initial effects of anaesthesia have worn off. On rare occasions you may have to be admitted to the hospital.
- You will not be permitted to drive a car after your procedure. Please arrange for someone to drive you home. Bring a contact phone number so we can call to arrange your discharge.
- It is strongly recommended that you are either accompanied home from the hospital and/or are met at home by someone. You must also make arrangements to have someone stay overnight. If private transportation is not available, you may go home by taxi at your expense.

Under no circumstances are you allowed to travel home by public transportation.

- You are strongly advised not to attempt to perform any task that requires skill, coordination or judgement for 24 hours after your anaesthetic (e.g. drive a car or operate machinery).

Admitted Patients

- Ask your family to bring in your personal items, such as gown, slippers, toothpaste etc. **after your surgery**, once you have been assigned to a bed.
- If you are to receive physiotherapy after surgery please bring:
 - comfortable clothing (track suit)
 - a bathrobe
 - walking shoes or runners

On day of discharge, please arrange to be picked up at 9:00 a.m.